

Schools Sports Funding 2014/2015

Area of focus

To improve the quality of gymnastics lessons and provide an extracurricular gymnastics club.

Action Plan

Employ a specialist Physical Education teacher to deliver exemplar gymnastics lessons to up skill teachers and teaching assistants. Each class will receive a six lesson block of gymnastics covering mat work, small apparatus and large apparatus work.

Impact

The response from teachers has been extremely positive. Staff now feel more confident to deliver gymnastics and use the small and large apparatus effectively in lessons. The quality of work by the pupils improved considerably over the six lesson block with pupils demonstrating great enthusiasm and skill.

The extracurricular gymnastics club was very successful with on average, 24 pupils regularly attending. This resulted in a Christmas gymnastics display for parents and friends, and Year 3 entering the School Games Partnership gymnastics competition.

The benefits of gymnastics

Gymnastics helps children build a range of motor and coordination skills and assists in developing a good sense of body awareness. A young gymnast will learn how to use different parts of their body in different ways. Participation in gymnastics develops body awareness, control, coordination, strength, flexibility, speed, balance, power and discipline which can be beneficial to other physical activities, sports and everyday life. Children develop physical and cognitive competence and confidence in the skills of planning, performing and evaluating movement.

Cost

Utilisation of the £3,733 to finance a specialist P.E. teacher, Mrs J Moorcroft from Chesterfield High School (a specialist Sports Academy) for 3 ½ hours per week.